



SunSafe Project

Curriculum: Grade 1

Learning Objectives

The students will:

1. Identify specific ways to protect themselves from too much sun.
2. Identify ways to help develop SunSafe habits.

Curriculum Overview

Class One:

- I. Introduce the concept of skin and sun protection
 - discuss outdoor activities and the sun
 - discuss sunburns and how to prevent them
- II. Show *Slip, Slop, Slap* video (See Resource List.)
 - discuss different types of protection in animals
 - discuss how the child in the video protects himself from too much sun
 - discuss harmful effects of too much sun on skin
- III. Give out parent-child home activity
 - choose from support activities or create one

Class Two:

- I. Introduce the concept of habits
 - discuss what a habit is
 - brainstorm different healthy habits like sun protection
- II. Show *Slip, Slop, Slap* video again
 - review important sun protection behaviors
- III. Review parent-child home activity
- IV. Present SunSafe certificate